

FAQ's

What does 'Supported Independence' mean?

The YU Turn Housing Program offers a combination of family style support, including a House Parent and Youth worker, with autonomy and independence. Each participant has their own room, will do some of their own cooking, will complete their own laundry etc., but will also be responsible to participate in family chores, group workshops and will be required to follow house rules.

How long does it take to complete the program?

While an average of 6-18 months is common, it really depends on the participants' situation. We will work with participants to create an individualized program that will reflect the skills you already have and the skills you wish to develop.

How much does it cost to participate in the YU-Turn Housing Program?

Rates are dependent on each persons situation. We work with participants to help them access the necessary funding to ensure that finances are not a barrier to program participation.

How do you choose who will participate in the program?

When assessing applications, the most significant factor we consider is the participant's readiness to commit themselves to growth and learning. YU-Turn Housing is best suited to people who would like to become fully independent and are ready to put in the work required to obtain the skills they need to do so.

What are the house rules?

A complete list of house rules are available to applicants. All rules and guidelines are designed to support participants in their pursuit of independence. Because the home must be a safe and healthy place for everyone, there is a zero tolerance policy on drugs, alcohol and physical violence. Participants who bring drugs, alcohol or paraphernalia into the home, or who choose physical violence will be removed from the program immediately. Housing is contingent upon program participation.

For more information, please contact our team at the information below.

YU-Turn Housing



YU-Turn Housing

YU Turn Housing is a skill development program that offers a family style, supported independence home for young people who could benefit from assistance in becoming healthy, independent, contributing members of their community. Program participants commit to a rhythm of intentional growth and development with the support of program staff, volunteers, and other community organizations.

Program Goals



We see the hope and potential in every young person.

Who is YU-Turn Housing For?

- 16-24 year olds (currently accepting male applicants)
- Young people experiencing or at risk of homelessness, or who find themselves in unhealthy living situations
- Young people leaving foster or group care
- Young people who are battling addiction (note YU-Turn Housing is drug and alcohol free)
- Young people who are struggling to complete school or maintain viable employment
- Young people who would like support as they work toward becoming fully independent, community contributors

How Do I Join the Program?

1. Fill out an application form which is available online at www.cayu.ca, or through our YU-Turn Youth Worker.
2. Attend an information sharing meeting with our staff and any of your guardians and/or support workers (as applicable).
3. Complete any pre-acceptance requirements as agreed upon with YU-Turn Youth Worker/ Director.
4. Move into YU-Turn Home and complete a two week trial period.

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